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النشرة الوبائية السعودية

تصـــدرهــا وزارة الصحــة الوكالة المساعدة للطب الوقائي و برنامج الوبائيات الحقلي المجلد الثامن – العدد الرابع – اكتوبر – دسمــبر ۲۰۰۹

Chickenpox Outbreak Among Laborers In A Company Compound North Of Riyadh, 2001, Saudi Arabia.

On Friday August 10th, 2001, a notification from the Saudi Red Crescent to Riyadh Regional Health affairs reported cases of an unknown disease among laborers in a company compound north of Riyadh. The Field Epidemiology Training Program (FETP) was assigned to investigate this outbreak. Primary inspection identified 23 male patients complaining of fever and rashes all over their body of different durations, among a total of 350 laborers living in the compound. Twenty-three cases of chickenpox were identified, four were confirmed by laboratory. Investigation aimed to determine the size of the problem, possible cause of the outbreak, and development of measures to prevent similar situations in the future.

A case control study was conducted, a case was defined as any person from this company compound with rash, fever or blisters in his body, from 13/7/2001 to 22/8/2001. A list of laborers names was provided by the company, from which we randomly selected healthy individuals living at the same compound to be controls. A standard questionnaire was developed. All cases and controls were interviewed face to face by the help of translators provided by the company. Information collected included demographic information, duration of being in Saudi Arabia, whether he spent his vacation at his home country and date of arrival from vacation, history of direct contact with a chickenpox case or a person who developed symptoms of chickenpox, personal hygiene measures, and past history of chickenpox. Crowding at the camp was also investigated.

A total of 23 cases and 78 controls were interviewed, all were male laborers from Bangladesh. The mean age of cases was 26 ± 6 (range 18-38) years. Those who did not have previous history of chickenpox had 16 times the risk of infection than those who did (O.R=16, P-value=0.0008), which was the main risk fac-(Continued on page 26)

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Chickenpox Outbreak In A Company Compound North Of Riyadh.

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tor. Exchanging clothes between laborers played a very important role in transmission of the disease (AR=50%, OR= 4.5, p-value= 0,006), in addition to contact with a diseased individual (AR=65%, OR=3.6, p-value= 0.014).

The compound was composed of four one-floor buildings. Three of these buildings were composed of 20 rooms, four toilets, four bathing areas, and two kitchens. Each room size was $2 \times 3.5 \text{ m}^2$, with one window (1 m^2) that was always closed. The airconditioning was not working efficiently. The fourth building was divided into a mosque and two rooms. Each room in the compound was shared by 6 laborers.

The first case appeared on 18/7/2001, and might have been the index case and source of the outbreak. The second case appeared on 23/7/2001. The number of cases increased because of the high density of individuals in small rooms and nonproper isolation of the patients. The peak of the outbreak was recorded on 1/8/2001. Until the 10th of August 2001 all patients had been isolated in the compound, where they were still able to contact unaffected individuals and share the same facilities. Proper preventive measures were taken on 10/8/2001, when the company arranged a separate isolation flat for the patients. The epidemic curve (Figure 1) represents the spread of the disease and the effect of proper isolation. All cases had identical signs and symptoms of chickenpox, however none of our study patients developed any symptoms of respiratory infection or other complication and none needed to be admitted into hospital.

- Reported by: Dr. Hassan A. Al-Tuhami, Dr. Adel M. Turkistani, Dr. Randa M. Nooh (Field Epidemiology Training Program).

Editorial note: Chickenpox is a highly contagious viral illness caused by Varicella zoster virus, with secondary attack rates in susceptible household contacts of up to 90%.¹⁻³ Its incubation period may be as short as 7 days or prolonged up to 21 days in a normal individual. The period of communicability extends from one to two days before the onset of rash through the first five to six days after rash.

Chickenpox is a childhood disease in non-tropical countries, where children between the age of five and nine are most commonly affected, accounting for 50% of all cases. Ten percent of cases are seen in young adults where complications tend to be more serious.^{1,2} There are no race or sex differences in either susceptibility to, or expression of, the disease.2 In most cases the older the child, the more severe the attack.1 However, the epidemiology of chickenpox in tropical regions is different than that of temperate areas, and is poorly understood. Varicella infection appears to be more common among adults living in the tropics than among those living in temperate areas, suggesting that there is decreased transmission in younger age groups. The reasons for this difference in the age-specific epidemiology of Varicella, including the possible roles of population size, population density, crowding, and higher ambient temperatures in the tropics, are not clear.4

Humans are the reservoir of Varicella zoster. It can be transmitted from person to person by direct contact, droplet, and airborne spread of secretions from the respiratory tract of cases or from the vesicle fluid of patients. In case of direct contact, infection occurs through articles freshly soiled by discharge from vesicles of infected persons.^{1,4}

In this outbreak, it is noted that all the patients were adults, living in a high-density compound and were all having the first attack of chickenpox. Chickenpox infection, therefore, is not restricted to a specific age if the person is not immune. However, Chickenpox infection in adults is more severe and has a higher risk of complications than in children.^{1,4} Although less then 2% of reported cases are in persons under 20 years of age, this accounts for approximately 25% of mortality. The case fatality rate in children is approximately 1/100,000; in infants approximately 6/100,000 and in adults is approximately 12/100,000. The majority of deaths occur in normal individuals (children and non-immunocompromised).4,5

The study result was similar to other studies reporting susceptibility of infection among a non-immunized (Continued on page 31)

Figure 1. Epidemic Curve of Chickenpox Outbreak



Seropositivity in Clinical Influenza Cases Among Pilgrims During Hajj, 1421 H.

Influenza is a major health problem, whether measured by its morbidity, mortality or economic impact. Detection of influenza infection in Hajj can be difficult since the clinical presentation is atypical, and other pathogens also cause influenza-like illnesses. The use of laboratory tests for detection of influenza in conjunction with acceptable case definitions leads to recognition of seropositive cases aiming to reduce transmission and initiation of inflection control measures.

This study was conducted using a cross-sectional method. An Influenza case was defined as any person aged over 15 years old with fever, and at least two of the following; headache, myalgia, cough, sore throat or coryza. The study population was Hajjis affected with flu attending the outpatient clinics of hospitals in Makkah and Mina during the period from 5/12/1421 to 12/12/1421. Sample size was calculated assuming that the occurrence of flu among pilgrims was 12% (+4%). The number of patients required for the study was estimated at 254 patients at the 95% confidence level. To recruit the study sample the 3 major General Hospitals in Makkah; namely King Abdul Aziz Hospital, King Faisal Hospital, and Ajiad Hospital, and the 2 General Hospitals in Mina; namely Mina General Hospital and Mina Bridge Hospital, were included in the study. A systematic random sample 1 to 5 was selected among flu patients attending the outpatient clinics of the selected hospitals. Data was collected from 5th to 12th/12/1421 H.

A questionnaire was completed by interviewing selected patients, inquiring about personal information, clinical manifestations, past medical history, habits and environmental factors. After obtaining consent, 10ml of venous blood was collected from each patient for testing. Each specimen was divided into 2 portions; the first was tested for the presence of the influenza virus, and the second for the type of virus in positive specimens. Serotyping of the virus was done using ELISA Test. The total number of patients meeting our clinical case definition from whom samples were obtained were 305 pilgrims; 45 of them were seropositive (14.8%). Among seropositive cases, 60% were influenza type B, 27% were type A, and the rest were positive for both types A and B. Males constituted 90% of the sample, 15.3% were seropositive compared to 9.6% of females. Hajjee characteristics and sero-prevalence of Flu Virus are demonstrated in Table 1.

Seropositivity appeared to fall with increasing age. American, European and Australian pilgrims had the highest positive rate, followed by South East Asians with statistical significance. There was no difference in seropositivity on the basis of clinical presentation, but was not statistically significant. Smokers were twice as likely to be seropositive. A room density of 6-10 persons per room had the highest prevalence, but the association was not statistically significant. Regarding history of contact with other flu cases, the association between contact and seropositivity was not statistically significant. The risk of seropositivity was 53% lower among those vaccinated, however, vaccination status was not statistically significant

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Editorial notes: Influenza is an infection of the respiratory tract caused by the influenza virus, and, compared with other viral respiratory infections, often causes a more severe illness.¹ The Center of Disease Control & Prevention (CDC), Atlanta, U.S.A. defines flu as illness characterized by a rise in temperature of at least 37.8°C, in combination with either cough or sore throat.¹ Two important features give Influenza special

significance: its high rate of pulmonary complications and deaths, and the epidemic nature of the disease. As a result, many countries have developed influenza surveillance systems to make it possible for early detection of epidemics, and to provide estimates of the disease burden.²

Influenza viruses are of three antigenic subtypes A, B and C.^{1,3} Type A has been associated with widespread epidemics and pandemics, while Type B has been infrequently associated with epidemics. Type C usually causes either a very mild respiratory illness or no symptoms at all, it does not cause epidemics and does not have the severe public health impact that influenza types A and B do. Efforts to control the impact of influenza are aimed at types A and B.^{1,3}

Humans are the primary reservoirs of influenza. The virus spreads from person to person primarily through coughing and sneezing of infected persons. Transmission may also occur by direct contact. Airborne spread predominates among crowded populations. Its incubation period is 1-4 days with an average of 2 days. Persons can be infectious from the day before symptoms begin through approximately 5 days after onset of illness.⁴

Influenza and its complications are responsible for 150,000 excess hospitalizations and 10,000 to 40,000 deaths annually in the USA, with 80-90% of these deaths occurring among individuals 65 years and older.5 During major epidemics, which typically occur during winter months, severe illness and death occur, primarily among high risk groups.^{2,4,5} Clinical attack rates during epidemics range from 10-20% in the general community, to over 50% in closed populations such as boarding schools or nursing homes. High mortality is associated with pandemics, which occur at variable intervals of 10 or more years.²

Each year over 2,000,000 muslim pilgrims assemble in Makkah, Saudia Arabia, to complete the Hajj, one of the five pillars of Islam. The close contact among pilgrims and high

Seropositivity in Clinical Influenza Cases Among Pilgrims During Hajj, 1421 H, cont...

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population density aggravates spread of infection. An influenza outbreak in such conditions could have significant consequences. The prevalence of Influenza reported in this study corresponds with a previous study that contributed 56% of influenza infection to type A and 44% to type B.⁶

Based on the results of this study, Influenza vaccination may not be mandatory for pilgrims at this stage until further studies are conducted to identify serotypes and the role of vaccination in decreasing its prevalence and severity of infection among pilgrims. High risk pilgrims, such as those of older age groups or heart disease, should be vaccinated in their home countries before arrival to Saudi Arabia to perform either Hajj or Umra.

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	Total	Pos Ser	sitive ology	
	TOTAL	No.	%	
Age Group 15 - 19 20 - 39 40 - 59 60 +	4 167 105 29	0 33 10 2	0.0 19.8 9.5 6.9	$X^2 = 7.73$ P = 0.052
Gender Male Female	274 31	42 3	15.3 9.6	OR =1.69 95% Cl=0.49-9.06
Nationality GCC Other Arab States South East Asia Indian Subcontinent America, Europe, Australia Iran Sub-Saharan Africa	19 134 6 106 11 22 7	3 18 2 15 5 0 2	15.3 13.4 33.3 14.1 45.4 0.0 28.6	$X^2 = 14.99$ P = 0.02
Education Illiterate Primary Secondary University and Above	106 74 58 67	9 12 13 11	8.5 16.2 22.4 16.4	$X^2 = 6.29$ P = 0.09
Smoking Yes No	55 250	13 32	23.6 12.8	OR = 2.64 95% CI=1.20-5.73
Use others utensils Yes No	43 262	8 37	18.6 14.1	OR = 1.39 95% CI=0.55-3.43
Method of Arrival Air Sea Land	153 30 122	23 4 18	15.0 13.3 14.8	$X^2 = 0.06$ P = 0.97
Residence Street Housing	117 188	14 31	12.0 16.4	OR = 0.69 95% CI=0.33-1.42
Room Density (person/room) 5 6-10 >10	69 85 34	7 20 4	10.1 23.5 12.0	$X^2 = 5.63$ P = 0.06
Contact Status No Contact History Contact in Saudi Contact outside Saudi	113 165 27	18 21 6	16.0 12.7 22.2	$X^2 = 1.86$ P = 0.39
Vaccination Status Vaccinated Not Vaccinated	13 292	1 44	7.7 15.1	OR = 0.47 95% CI=0.01–3.33

Risk Factors of Bacterial Meningitis in Makkah during Hajj 1421 H: A Pilot Study.

Annually, more than two million pilgrims gather in Saudi Arabia to perform Hajj. The aim of this study was to investigate the risk factors of meningitis in Makkah during the Hajj season of 1421 H. The study was conducted using a case control approach, in Makkah hospitals during the period from 1-15 Dull Hijjah, 1421 H. Four controls were selected for each case, from the same hospital, matched for age (within five years), sex and hajj status (either hajji or not). Data were collected using a pre-structured questionnaire by interview with cases and controls. All clinically diagnosed and laboratory confirmed cases of meningitis reported to the Health Department in Makkah were included.

During the study period, 23 cases of meningitis (all types) were diagnosed in Makkah hospitals; 92 controls were selected. Among cases there were 8 males (34.8%) and 15 females (65.2%), and among controls there were 32 males and 60 females. Age of cases ranged from one to 70 years with a mean of 34.27 (±25.3) years.

Overcrowding, expressed as room density, was significantly associated with meningitis (Table 1). A significant effect of nationality was also noted, such that those from the Indian Subcontinent had the highest risk of acquiring meningitis. No Hajjees from Sub-Saharan Africa developed meningitis during the study period. Other factors, including smoking, vaccination, chemoprophylaxis, place of residence in Makkah, type of accommodation, joining Hamla and socioeconomic factors where not statistically significant.

- Reported by: Dr. Saleh S. Al Tammami, Dr. Khaled R. Bajiri, Dr. Adel M. Turkistani, Dr. Abdullah M. AlRabeah (Field Epidemiology Training Program), Dr. Ashry G. Mohammed (King Saud University).

Editorial note: Meningococcal disease is a major health problem in both developing and developed countries.¹ Neisseria meningitidis is one of the most common causes of bacterial meningitis worldwide.^{2,3} During Hajj, it causes considerable morbidity and mortality.^{4,5}

Overcrowding is an important risk factor^{2,3}, which was confirmed in this study. Meningococcal meningitis occurs more commonly among newly aggregated adults under crowded living conditions such as in barracks, institutions, and at mass gatherings³, such as during "Hajj" and "Umrah".

The present study did not show a significant association between smoking and meningitis, however, active and passive smoking are known risk factors.⁶ While the study revealed that overcrowding and nationality are significant risk factors of meningitis, it was unable to detect the effect of some of the known risk factors. This may be attributed to the small number of cases. However, this study could be considered as a pilot study and further studies are recommended.

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Table 1: Risk Factors of	meningitis in	Makkah,	1421	H
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	Cases No (%)	Controls No (%)	OR	95% CI
Marital status		and the second	1.	at and a
Single	11 (47.8)	38 (41.3)	1.3	0.6-2.56
Married	12 (52.2)	54 (58.7)		
Nationality*	in the second	121 24 2 2		ALL STREET
Arab	5 (21.7)	50 (54.3)	1	
South East Asia	3 (13.0)	10 (10.9)	3	0.39-18.21
Indian Subcontinent	13 (56.5)	17 (18.4)	7.65	2.11-30.76
Other	2 (8.7)	15 (16.3)	1.33	0.12-9.19
Hamla joining				Real Provide State
Yes	12 (52.2)	50 (54.3)	0.92	0.33 - 2.51
No	11 (47.8)	42 (45.7)		
Smoking		123 7 123		
Yes	2 (8.7)	4 (4.3)	2.1	0.18 - 15.6
No	21 (91.3)	88 (95.7)		
Vaccination status				
Yes	13 (56.5)	59 (64.0)	0.73	0.26 - 2.03
No	10 (43.5)	33 (36.0)		
Chemoprophylaxis				124 124 145 13
Yes	1 (4.4)	6 (6.5)	0.65	0.01 - 5.84
No	22 (95.6)	86 (93.5)		and the second
Room density				1.1.2.1
Mean (SD)	0.48 (0.21)	0.33 (0.21)		P = 0.003
Total	23 (100)	92 (100)		
* X^2 Linear trend = 4.	223, $P = 0.04$			

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ملخص باللغة العربية

تقرير عن حالات الجديري الـمــائــي المكتشفة ضمن عمال شركة بشــمــال مدينة الرياض، ١٤٢٢هــ

في يوم السبت الموافق ١٠//١ م تـم الإبلاغ عن وجود ٢٣ حالة جديري ماتي فـي إحدى المجمعات السكنية للعمال بشمال مدينـة الرياض. و قد قام فريق من برنامج الوباتيـات الحقلي بعمل التقصي الوبائي لهذه الحادثة.

قام الفريق بزيارة موقع عزل الـعـمـال المصابين و مقابلتهم، ومعاينة مكان العزل، كما قام الفريق بزيارة سكن العمال و أخذ عـيـنـه ضابطة بطريقه عشوائية من بين الـعـمـال المخالطين. تم وضع استبيان يتضمن البيانـات الشخصية، الأعراض المرضية، تاريخ ظهـور الأعراض، و تاريخ العزل، كما تناول الإصابة السابقة بالمرض و أسئلة حول النظافة والعنايـة الشخصية.

بلغ عدد العمال القاطنين بالمجمع (٣٥٠) عاملاً، جميعهم من الذكور، من الجنسينة البنجلاديشية من فنة العمال الغير حرفيين. ويتكون المجمع السكني من أربعة عنابر أحدها مقسم إلى جزئين (مسجد وغرفتان للسكن). كل غرفة (٢ × ٣,٥م) بكل غرفة ٢ عمال. معظم غرفة (٢ × ٣,٥م) بكل غرفة ٢ عمال. معظم الغرف بها شباك واحد (٢ م^٢) مغلق طوال الغرف بها شباك واحد (٢ م^٢) مغلق طوال الملكة في فترة لا تتجاوز السبعة أشهر. في البداية تم عزل المرضى داخل السكن نفسه، لكن بناءًا على توصيات إدارة الطب الوقائي بالشئون بعمارة لعزل المرضى في ٢ / / / ٢٠٠م.

قام فريق البحث بمقابلة جميع الحالات (٢٤ حالة، معدل الإصابة في المجمع ٢٩،٣%) و ٢٣ عينة ضابطة. بلغ متوسط أعمار الحالات العمري للعينة الضابطة ٢٦ ± ٢ سنة (١٨-٢٤ شنة). أول حالة ظهرت عليها الأعراض كان بتاريخ ٢٨/٧/١٠٠٢م و ظهرت الحالة الثانية بعدها بخمسة أيام. وكان أعلى معدل للحالات بتاريخ ٢٠٠١/٨/١٢م، و سجلت آخر الحالات بتاريخ ٢٠٠١/٨/١٢م.

الأعراض التي ظهرت على الحالات كانت حمى (١٠٠%)، طفح جلدي (١٠٠%)، وصداع (٩٧%). كل المصابين المكتشفين كانوا من الأشخاص الذين لم يصابوا بالجديري الماتي من قبل، الأشخاص الذين لم يسبق لهم الإصابة بمرض الجديري الماتي كانوا أكثر عرضي نمو دلالة إحصائية (OR=16)، بمعامل تقة ذو دلالة إحصائية (OR=8)، بمعامل تقة تبين أن تبادل الملابس بين العمال من المرضى و غير المرضى يمثل أكبر عامل مساعد لانتقال المرض (OR=0.008 = O.008)، يلي و غير المرضى الحراس بين العمال من المرضى دلك مخالطة المرضى (OR=3.6,P)، يلي الموع فقد تكون من العوامل التي تؤدي إلى

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الإصابة بالمرض إلا أن معامل الثقة لم يكن ذو دلالة إحصائية (OR=1.5, P-value=0.4).

الحالة الأولى المكتشفة في المجمع السكني للشركة قد تكون هي مصدر العدوى لبقية الحالات التي ظهرت بعد ذلك. و الفيروس شديد العدوى بين المخالطين حيث تبلغ ٩٠% في بعض الأحيان. وبالرغم أن الجديري الماني مرض يصيب الأطفال والمناعة المكتسبة تكون دائمة، إلا أن العدوى لا تتوقف عند سن معين مادام الشخص لم يصب بالمرض من قبل.

غالبا ما تحدث أوبئة في أماكن التجمعات السكنية وحُصوصا بين الذين لم يسبق لهم الإصابة بأمراض الطفولة. وبسبب اكتظاظ العمال في غرف صغيرة سيئة التهوية والنظافة فقد سهل على الفيروس السريع العدوى الانتقال بين العمال. وقد ساعدت عملية العزل الأولى داخل السكن والسماح للمصابين بمغالطة الأصحاء في غرفهم وسكنهم إلى التششار المرض.

تم التوصية على توعية العمالة عن أهمية النظافة الشخصية، وعدم تبادل الثياب فيما بينهم. كما يجب تقليل عدد الأشخاص المقيمين في الغرفة الواحدة و تصين عملية تهوية الغرف، إضافة إلى الزيارات المفاجئة لمعسكرات العمال من الجهات المتخصصة للتأكد من الالـترام بالضوابط و الشروط. كما يجب أن يـكون الطبيب المعالج على علم بأهمية الوقاية و العزل الصحيح في الوقت المناسب. كما انه في حالة الصحية. كما تمت التوصية بضرورة إعادة تحصين القاطنين في المجمعات السكنية لرف

اعداد: د. حسن علي التهامي، د. عادل محمد تركستاني، د. راندة محمد نوح (بـرنــامــج الوبائيات الحقلي).

دراسة عن إيجابية فحوصات الدم المخبرية في حالات الإنفلونزا في حسج عام ١٤٢١هـ

تعتبر الإنفلونزا مشكلة صحية من حيث مراضتها و عدد وفياتها وتأثيرها الاقتصادي. ان الكتشاف حالات العدوى بفيروس الإنفلونزا قد يكون صعباً في موسم الحج لأن الأعراض السريرية قد تكون غير تقليدية (مألوفة) كما أن هناك مسببات أخرى لأمراض الجهاز التنفسي العلوي تظهر أعراضا مرضية سريرية مشابهة لما تحدثه الإنفلونزا. لذلك فإن استخدام الفحوصات المخبرية مع وجود تعريف مقبول لحالات الإنفلونزا سيؤدي لتشخيص الحالات الإيجابية و سيساعد على العمل على تقلي

أجريت هذه الدراسة المقطعية على مجموعة مختارة من حالات الإنفلونزا بين الــحــجــاج المراجعين لبعض المستشفيات في مكة المكرمة

و منى في موسم حج عام ٢٢١١هـ حيث تمت مقابلة الحجاج الذين ينطبق عليهم تعريف الحالة و أخذ معلوماتهم في استبانة ترجمت لعدة لغات، حيث احتوت الإستبانة على المعلومات الشخصية و الأعراض السريرية و التاريخ المرضى و المنيعي للحجاج مع التعرف على العوامل البيئية و العادات الشخصية. بعد أخذ موافقة المريض الشفوية تم سحب ١٠ مل من الدم الوريدي لغرض الفحص المخبري لوجود فيروس الإنفلونزا. بلغ حجم العينة المختارة فيروس الإنفلونزا. بلغ حجم العينة المختارة منهم نسبة ٢٠٠ حالة من الحجاج، كانت منهم ٥٥ حالة ليجابية بالفحص المخبري (٢٤٠٨%) كانت منهم نسبة ٢٠٠ حالات ليجابية الإنفلونزا نوع (أ)، منهم نسبة ٢٠٠ الحالات ليجابية المتبقية بنسبق بينما كانت الحالات الإيجابية المتبقية بنسبة ١١ حالات مشتركة لكلا النوعين.

أظهرت الدراسة أن الإيجابية تتتاقص مع الزيادة في العمر، كما أن النسبة الإيجابية أعلى في الرجال (١٥،٣%) منها في النساء (٢،٣%). كانت الحالات الإيجابية بين الحجاج من أمريكا و أوروبا و أستراليا أكثر منها بين حجاج جنوب شرق أسيا و بالتالي أكثر من بقية الجنسيات المختلفة الأخرى للفئتين السابقتين وذلك بدلالة لحصائية عالية. كما أنه لم يكن هناك فرق لحصائي بين الحالات الإيجابية المراجعة للمستشفيات المختلفة في منى و مكة. كما أنه لم يتضح أن النتائج المخبرية الإيجابية كانت ذات فرق إحصائي قوي بين مختلف الأعراض السريرية التي ظهرت بها الحالات.

و كما هو متوقع بلغت النتائج الإيجابية لفيروس الإنفلونزا ما يزيد عن الضعف بين الحجاج المدخنين عنهم في غير المدخنين، كما أن النتائج الإيجابية لدى الحجاج المحصنين ضد الإنفلونزا بلغت ٨% مقابل ١٥ بين الحجاج غير المحصنين.

و أوصت الدراسة بتبني الاستقصاء الوبائي لحالات الإنفلونزا حيث يفيد في التوقع لنسب الحالات المرضية و تعداد الوفيات و التكلفة الاقتصادية لتأثير حالات الإنفلونزا و الأمراض التي تشابهها، كما أوصت بعمل دراسات وبائية أخرى بين الحجاج لمعرفة سرعة ومعدل انتشار الاجابج لمعرفة سرعة ومعدل انتشار مند الإنفلونزا بين الحجاج. كما أوصت بالتطعيم ضد الإنفلونزا للمجموعات المعرضة منظمة الصحة العالمية لحين استكمال دراسات أخرى بهذه الخصوص تكون خاصة بالحجاج.

اعداد: د. أحمد ناصر خليدي، د. محمد فضل بخش، د. عبد العزيز المرزم، د. ناصر عبدالرحمن الحمدان، (برنامج الوبائيات الحقلي)، د. عشري جاد محمد (كلية الطب، جامعة الملك سعود)، د. هاني غازي (جامعة أم القرى).

Chickenpox Outbreak, cont...

(Continued from page 26)

population. Epidemics usually occur in such gathering accommodations and camps, especially among those who have not been exposed to pediatric disease, which makes them more susceptible. Absence of immunity among the laborers was the main risk factor for acquiring the infection. However, late isolation and low hygienic standards helped in dissemination of the disease among the closed and highly crowded population.

Laborers were educated on the importance of personal hygiene. Physicians working at accommodation compounds should apply accurate prevention measures to prevent spread of contagious diseases if they occur. Isolation should always be established as the first prevention measure. Companies should be instructed on the number of the laborers that should occupy each room with the improvement of ventilation. Those living in camps i.e. laborers, students, soldiers, should be re-immunized.

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Mark your calendar . . .

Inside the Kingdom

September 15-17, 2002: RKH Paediatric Symposium.

Host organisation and Location: RKH, Riyadh, Saudi Arabia. Contact: Dr. S. Al-Mohaimeed, Tel: 00-96-655-150-202, Fax: 00-96-614-025-109. E-Mail: smohaimeed@hotmail.com

September 16-18, 2002: Clinical Trials: A Scientific Pathway to Better Patient Care.

Host organisation and Location: King Faisal Specialist Hospital & Research Centre, Riyadh, Saudi Arabia. Contact: Academic Affairs & Postgraduate Education, King Faisal Specialist Hospital & Research Centre, P.O.Box 3354, MBC 36, Riyadh 11211, KSA. Tel: 966 1 4427238. Fax: 966 1 4427237. Conference information is available at http://www.kfshrc.edu.sa/symposia E-mail: web_symposia@kfshrc.edu.sa

Outside the Kingdom

August 18-22, 2002: XVI IEA World Congress of Epidemiology.

Location: Montreal, Quebec, Canada.

Contact: IEA 2002 Congress Secretariat, c/o Events International Meeting Planners, 759 Victoria Square, Suite 300, Montreal, Quebec, Canada H2Y 2J7, Tel: 1-514-2860855, Fax: 1-514-2866066. Conference information is available at http://www.iea2002.com

E-mail: iea2002@eventsintl.com

Errata: The Editor-in-Chief regrets the unintentional drop of the name of Dr. Mohammed Al Mazrou, one of the authors of the article entitled "Health Status of Non-organized Hajjees during 1420 H, Hajj Season" that appeared in Issue 2 of Volume 8 of *SEB*. Also we would like to inform readers that in Issue 3 of Volume 8, in the article entitled "Three Cases of Blood Transfusion Malaria in Riyadh City, 2000", Mrs. Shadia Al Sudani is the second author, and the title of Dr. Hind Al Zoman appeared incorrectly as Mrs.

The Saudi Epidemiology Bulletin welcomes reports from the regions. Please send your reports to the address shown. Thank you. Send correspondence, comments, calendar listings, or articles to: Saudi Epidemiology Bulletin Editor-in-Chief P.O. Box 6344 Riyadh 11442, Saudi Arabia For epidemiological assistance, call or fax the FETP at 01-496-0163

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- Dr. Nasser Al-Hamdan, FETP Supervisor, SEB Editor-in-Chief
- Dr. Randa Nooh Specialist Epidemiologist, Bulletin Editor.

Selected notifiable diseases by region, Oct – Dec 2001

	dh	kah	dah		linah	sim	tern	a,	AlBatir		Ja	uk		hamal	c	an	73	ouf	iat	fuda	T.
	Riya	Mak	Jed	Taif	Mad	Qas	East	Has	Hafr	Asi	Bist	Tab	Hail	AIS	Jiza	Najr	Bah	L IA	Gor	Gon	Totá
Measles	4	13	8	0	3	4	0	2	1	0	0	0	0	0	5	0	0	0	0	0	40
Mumps	31	10	35	4	25	32	21	19	20	14	5	14	9	6	6	5	0	3	0	0	259
Rubella	0	0	1	0	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3
Varicella	1853	91	600	164	184	1283	853	530	676	532	193	308	169	89	90	129	50	165	26	51	8036
Brucellosis	82	12	1	26	16	236	55	9	38	209	50	3	62	7	34	34	5	9	5	4	897
Meningitis	6	8	13	2	4	2	2	0	0	1	0	0	0	0	2	0	0	0	0	0	40
mening.				-																	
Meningitis,	34	14	21	9	16	10	5	12	3	9	3	3	1	1	11	0	0	0	0	0	152
other		1.3							1						in .						
Hepatitis A	74	10	17	0	45	61	33	17	40	59	3	31	6	14	10	39	3	33	21	4	520
Hepatitis B	185	68	235	8	56	60	124	17	5	61	8	30	2	13	10	9	36	2	0	4	933
Hepatitis C	126	61	248	2	23	28	85	11	0	17	13	13	2	0	3	6	25	4	1	1	669
Hepatitis,	35	14	17	0	0	0	0	1	0	35	0	39	11	0	133	0	0	0	0	0	285
unspecified											-										
Typhoid &	7	24	1	0	1	2	4	3	1	8	20	4	6	11	1	0	0	0	0	1	94
paratyphoid		e de	1 8 3				1.11							1.5	154						1212
Amoebic	8	2	280	12	6	12	19	1	15	107	16	0	18	0	53	10	8	0	2	1	570
dysentery																					
Shigellosis	37	0	6	0	4	6	27	5	3	0	0	8	0	7	1	13	0	0	3	0	120
Salmonellosis	95	0	44	0	2	1	272	34	19	15	1	18	4	0	0	18	3	0	1	0	527
Syphilis	2	0	3	0	0	0	7	9	0	0	2	0	2	1	0	0	4	0	0	1	31
VD, other	11	1	19	0	0	0	10	25	0	5	2	0	0	0	11	0	0	0	0	0	84

Comparisons of selected notifiable diseases, Oct-Dec 2000-2001

	Oct-Dec	Oct-Dec	Change	Jan-Dec	Jan-Dec		Oct-Dec	Oct-Dec	Change	Jan-Dec	Jan-Dec
DISEASE	2001	2000	%	2001	2000	DISEASE	2001	2000	%	2001	2000
Diphtheria	0	0	0	0	0	Meningitis, other	180	196	-8	632	753
Pertussis	3	7	-57	32	21	Hepatitis A	520	597	-13	2985	2250
Tetanus, neonatal	7	8	-13	27	13	Hepatitis B	933	794	18	3035	3361
Tetanus, other	6	2	200	8	10	Hepatitis C	669	524	28	3600	2134
Poliomyelitis	0	0	0	0	0	Hepatitis, Unspec.	285	238	20	1414	1041
Measles	40	117	-66	134	617	Typhoid/paratyph	94	120	-22 [,]	366	420
Mumps	259	382	-32	974	1388	Amebic dysentery	570	895	-36	3160	3244
Rubella	3	52	-94	38	202	Shigellosis	120	187	-36	586	501
Varicella	8036	5429	48	32584	20076	Salmonellosis	527	604	-13	1925	2045
Brucellosis	897	849	6	4860	5320	Syphilis	31	49	-37	138	165
Meningitis Men	40	29	38	309	337	VD. other	84	101	-17	395	428

Diseases of low frequency, Oct - Dec 2001

Yellow fever, Plague, Diphtheria, Poliomyelitis, Rabies, Puerperal sepsis, Hemolytic Uremic Syndrome: <u>No cases</u> Pertussis: 3 (Riyadh 1, Madinah 1, Eastern 1)

Tetanus neonatal: 7 (Makkah 6, Jeddah 1)

Echinococcosis: 6 (Riyadh 3, H.Batin 1, Bisha 2)

Guillain-Barre syndrome: 24 (Riyadh 8, Madinah 4, Taif 4, Jeddah 1, Eastern 1, Hassa 1, Shamal 1, Baha 1, Gonfuda 1, Hail 1, Goriat 1)